Exercising right to opt out

Dear Doctor.

As you are probably aware, the Government is intending to ask you to transfer the electronic medical records of your patients onto a national database called the "spine". They intend you to do this without first seeking the consent of your patients. It is BMA policy that patients should give their individual consent prior to their information being transferred on to the national database.

There are substantial concerns about the privacy and confidentiality of information transferred onto the national database, not least because promised software security safeguards called "sealed envelopes" will not be in place and because the patient's instructions with regard to who may access the records can be overridden. I do not believe that such a large database, with so many staff users, can be regarded as secure.

I would be grateful if you would ensure that none of my records held by you are entered onto the national system. Would you please also file or scan a copy of this letter in my records and also record my dissent by entering the "Read code" - '93C3. - Refused consent for upload to national shared electronic record.' into my computer record. I am aware of the implications of this request and will notify you should I change my mind.

This request is itself confidential. Please do not divulge my decision, in an identifiable manner, to anyone other than to clinicians who are providing care to me and who might otherwise place information about me on the national care records service.

Further information for GPs is available online at www.TheBigOptOut.org/for_GPs

Yours sincerely,